



IENE 6 KNOWLEDGE HUB

Contemporary large migration waves into Europe



Home The Project Information Media and Literature Stories Support Training Network Video Contact

ERASMUS+ Programme –Key Action 2: Strategic partnership

IENE6- Contemporary large migration waves into Europe: Enabling health workers to provide psychological support to migrants and refugees and develop strategies for dealing with their own emotional needs.

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**Newsletter
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The fifth meeting was in Limassol, Cyprus on 12th and 13th of March 2018.

During the meeting, the partners discussed about updating the KHUB , reviewed the tools and bite-size material created .

The partners planned the training workshops, webinars and the National seminars to be delivered and the next steps in the project.

The Mobile APP to read and share the stories is ready

The Mobile APP can be downloaded from the IENE 6 Knowledge HUB and Google play at

<https://play.google.com/store/apps/details?id=iene.refugee.hub>

After installing the app, the database of all the stories will be downloaded on your mobile and you may read the stories offline.

Any time you start the app, the data base will be updated with the newest stories.

- You can read stories, online and offline
- You can record your own stories
- You can navigate on the Knowledge hub, the mobile version



Webinars

The first free Webinar **Mindfulness and mindfulness practice** was organized on 19 April 2018 , from 12:00-13:00

The webinar was delivered by Middlesex University Associate Professor, Dr Mark Coulson and hosted by Professor Rena Papadopoulos. More information about the webinar on of the IENE 6 KHUB , <http://www.ienerrefugeehub.eu/training/webinars/>.

The Second Webinar Compassion and culturally appropriate psychological support will be on **17th May 2018 from 12:00 – 13:00.**

The webinar will be hosted and delivered by Professor Rena Papadopoulos, Professor in Transcultural Studies in Health at Middlesex University.

Come join us on this free webinar!

Here is the link to the webinar room: <http://breeze.mdx.ac.uk/iene6webinar/>



Training Workshops

The Training Workshop “**Psychological first aid guide for field workers-A case study**” was organized in 9th of March , 2018 in Cyprus by Cyprus University of Technology. The purpose of the workshop was to help the fourth-year nursing students of the Cyprus University of Technology in Cyprus to become more sensitive and informed about immigrants and refugees and how they can provide psychological first aid.

Other Training Workshops will be organized in Spain and Romania.

- On April 27, the workshop entitled "**The IENE6 project**" at the University of Valencia (Spain) organized by Polibienestar Institute, aiming at students of the faculty of social sciences.
- On 26 April on the workshop “**How to use and get involved in the Knowledge Hub**”, organized for the teachers and students of Edunet Nursing School in Craiova, Romania .

More information about the workshops at <http://www.ienerrefugeehub.eu/network/events>

National Seminars

Five **National seminars** will be organized in each partner country in May- June 2018, aiming to share our experience and project outputs, to provide a hands-on experience of using the KHub to provide emotional and psychological support for migrants and refugees.

Each seminar will be delivered to 30 people: nurses, or other practitioners in healthcare, volunteers dealing with migrants, teachers/ trainers/managers of training provider organizations, universities, health schools, managers/experts/staff of healthcare organization dealing with migrants and refugees, decision-makers, governance and media.

More information at <http://www.ienerrefugeehub.eu/network/events>

Are you a refugee?
Are you a health worker or a volunteer?

www.ienerrefugeehub.eu

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